

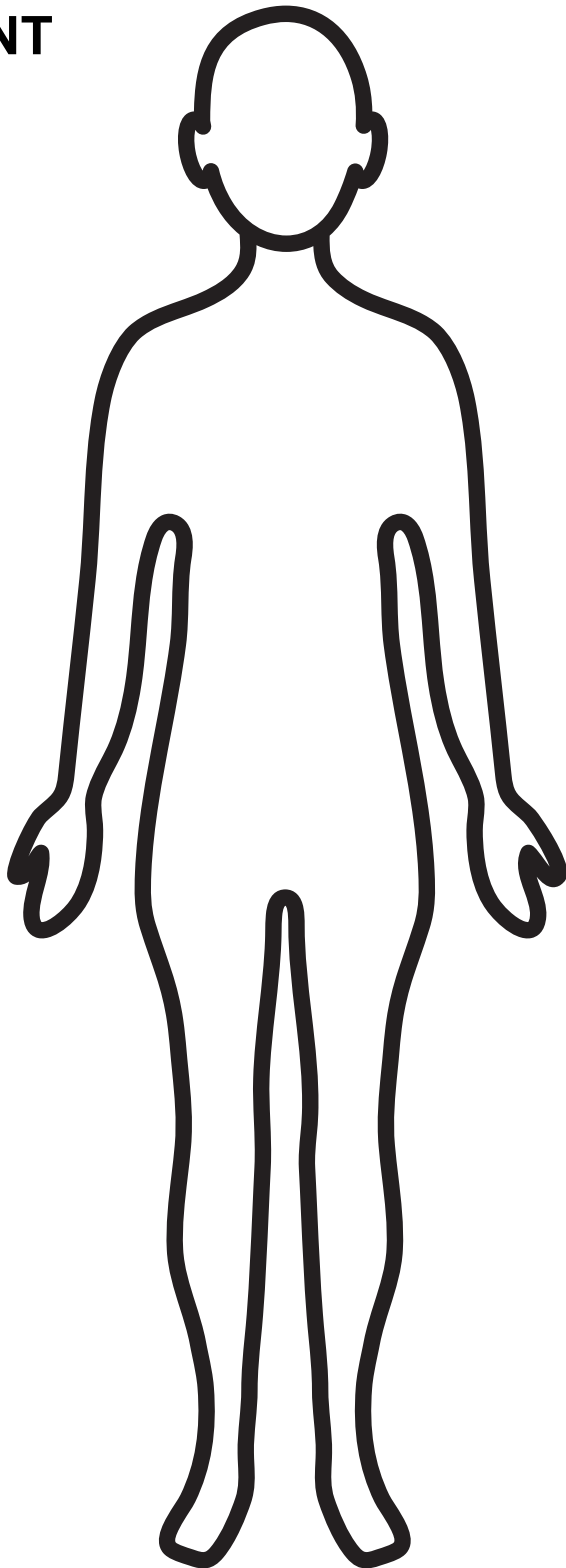
Where Does it Hurt?

Use this body map to show healthcare professionals or loved ones where it hurts.



Identify areas of pain using numbers and fill in the legend with a descriptor of the pain. Get creative and feel free to add other aspects of your life that affect you experience. Unsure how to describe the pain? Check out the suggestions on our website - <http://www.spondylitis.ca>

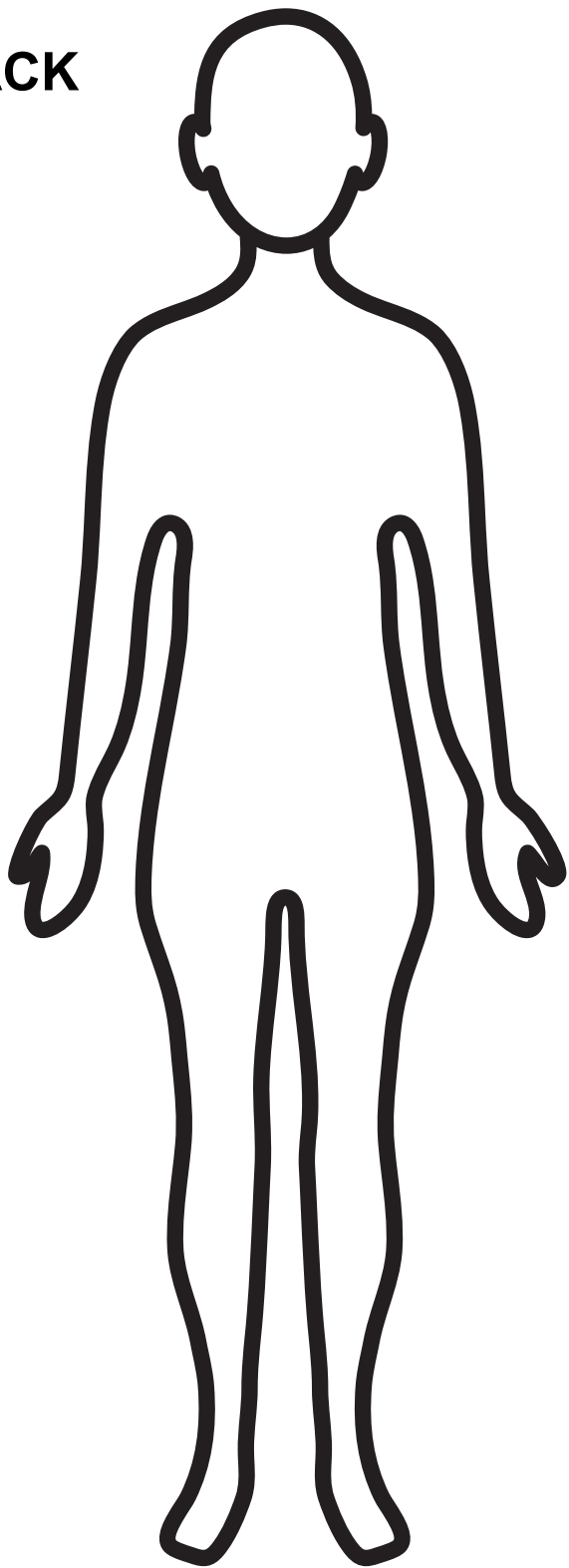
FRONT



Legend:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

BACK



Legend:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Other symptoms or emotions to discuss:
